

Child or young person details

Name:  
DOB:  
Hospital no:  
NHS no:

# PEPO Paediatric Epilepsies Plans Overview

This is a summary of ongoing components within this child's plan of care. It references actions and documents used to date that contribute to the child and young person's comprehensive epilepsy care plan.<sup>1</sup> There are **many epilepsies** and **all children are different...** therefore not all elements are appropriate for all children.



## Ongoing care

## Notes



## At diagnosis

### Connecting

Copy clinic letters	✓		
Ongoing Epilepsy Specialist Nurse input	✓	date	details
Service contact details	✓	date	details
National support groups	✓	date	details
	✓	date	details

<b>Initial seizure planning</b>			
First aid	✓	date	details
Emergency care plan With rescue medication	✓	date	details
	✓	date	details
	✓	date	details
	✓	date	details
	✓	date	details
	✓	date	details

### Documents

Seizure diary	✓	date	details
Parent held record (passport/wiki)	✓	date	details
	✓	date	details
	✓	date	details

### Risks & participation

Baths & showers	✓	date	details
Swimming	✓	date	details
Road safety	✓	date	details
Heights	✓	date	details
SUDEP	✓	date	details
Sleep monitoring and safety	✓	date	details
Photosensitivity	✓	date	details
	✓	date	details
	✓	date	details

### Initial Treatment

Initial treatment goals	✓	date	details
Drug info leaflets	✓	date	details

### About their epilepsy (DESCRIBE)

About Epilepsy	date	details	date	details
Seizure types	date	details	date	details
Syndrome type	date	details	date	details
Cause	date	details	date	details
Relevant impairments, educational, behavioural	date	details	date	details
Prognosis	date	details	date	details
	date	details	date	details

<b>Further seizure planning</b>				
First aid	date	details	date	details
Emergency care plan With rescue medication	date	details	date	details
	date	details	date	details
	date	details	date	details
	date	details	date	details

### Evaluating Co-morbidities

CAMHS	date	details	date	details
SDQ	date	details	date	details
ADD screening	date	details	date	details
ASD assessment	date	details	date	details
Psychometric assessment	date	details	date	details
	date	details	date	details

### Ongoing Treatment

Revised treatment goals	date	details	date	details
Drug info leaflets	date	details	date	details
VNS	date	details	date	details
Ketogenic diet	date	details	date	details
Epilepsy surgery	date	details	date	details
Tertiary input	date	details	date	details
	date	details	date	details
Travel insurance				
Financial support	date	details	date	details



## Young people (additional input)

<b>Documents</b>			
Seizure diary/app	date		details
<b>Specific issues</b>			
Driving	date		details
Contraception	date		details
Pregnancy	date		details
Adherence			
Sleep hygiene	date		details
Alcohol	date		details
Recreational drugs	date		details
SUDEP	date		details
Further education	date		details
Career	date		details
Bus pass	date		details
	date		details
	date		details
Teenage clinic	date		details
First seen on own	date		details
Self-management (young person)	date		details

## SWAPS

(Schools Working Alongside Paediatric Services)

### Connecting

Consent to share ongoing health info with school	date		details
Teacher epilepsy training	date		details
Pupil epilepsy awareness	date		details
Wiki	date		details
	date		details

### Pupil Learning

EHC (Education health care plan)	date		details
IEP (Individual Education Plan)	date		details
SEN (Special Educational Needs) support	date		details

### Documents

Individual health care plan	date		details
Rescue medication plan	date		details
Rescue medication training	date		details
Self-management (parent/carer)	date		details
	date		details

### Extras

Exam provision	date		details
Specialist careers advice	date		details
	date		details

<b>Ready</b>	next time ✓	date started	date completed
<b>Steady</b>	next time ✓	date started	date completed
<b>Go</b>	next time ✓	date started	date completed



## Adult Services

<b>Referrals and Handover</b>			
GP			details
Adult Neurologist			details
Adult Specialist Nurse			details
			details
			details

